YWBF Yoga Registration - Summer 2021 session

Monday, June 28 2020 and/or Thursday, July 1, 2021

# Yoga With Betty and Friends

# It is important that you know that registering for LIVE STREAMING CLASSES confirms that you understand and agree with this waiver of liability.

Any physical activity has the potential for injury or harm. We advise you to use caution and awareness when participating in this yoga class. By participating in this format, you affirm that you alone are responsible for your participation, and that you agree to irrevocably release and hold harmless and waive any claims that you have now or hereafter may have against Yoga With Betty and Friends (YWBF), ywbf), Betty Lewis and or Elizabeth A. Lewis.

SCHEDULE

There will be two classes offered this session. Both classes are open to all student. These general classes will mix Asanas (postures) with alternate suggestions for certain Asanas that will be given to those that are not ready or cannot physically do certain Asanas.

Please place X in the box preceding the class) of your choice.

Dates: [ ] Monday, June 28 - September 13, 2021

Class time: 7- 8:30 p.m.

NO CLASS MONDAY JULY 5, 2021

[ ] Thursday, July 1 - September 2, 2021

Class time: 9:00 - 10:30 a.m.

Cost of classes for the 10 week series - $130.00

This class may be made for making up a missed class. Thursday a.m. students may make up in the Monday, 7:00 p.m. class

Drop-ins: $14.00 per class

Pay Pal is the preferred method

When you purchase the entire session and miss a class for Religious or secular holidays, you may make-up the class in the Class that is offered on a day other than the one that you have selected as your regularly scheduled class day. Makeups cannot be carried forward and must be made up by the end of the current session.

Please initial this flyer and return it to me or send me an email: [ywbfyoga@gmail.com](mailto:ywbfyoga@gmail.com) . Your initialed flyer or email will be your acceptance and agreement of the terms of the requirements of this flyer.

Any student that does not know what equipment to bring to class, please let me know an I will send them a list of the props needed or they can visit my web site

Please pay thru pay pal or send me a check to my residence. You can contact me at (443)764-9133 for the address.